



5th November 2021

Anti-Bullying Week and Odd Socks Day

(Monday 15th November 2021)

Dear Parents/carers

We will be taking part in this year's 'Anti-Bullying' week and 'Odd Socks Day.' This year the theme for anti-bullying week is – 'One Kind Word.' The aim is to raise awareness that with one kind word the world can be a better, happier and healthier place. We will be starting the week with a whole school assembly to highlight how 'one word' can either build someone up or break someone down; words hurt. As part of the assembly we will be looking again at what 'bullying' is and how we all need to help to stamp it out.

“Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.”

We will be exploring how bullying is intentional and repetitive behaviour, and not one off incidents that happen in all schools every day. We will however, be highlighting how one off incidents can hurt others and have long lasting effects. The theme of, 'One Kind Word' will be explored in more detail during the week in each child's individual classes and through their weekly personal, social and emotional lessons.

As part of anti-bullying week, we are asking that our whole school community come to school on **Monday 15th November in 'odd socks'**. The aim of odd socks day is to highlight that we are all different, unique and special, but can still live in harmony together, despite our differences. Please participate – the wackier the socks the better!

Thank you for your support

Miss Howard

At Bellfield Primary School we “Believe, Persevere, Succeed.”