



Dear Parent/guardian,

This sheet aims to answer some of the questions you may have around what to do if you, your child or anyone in your household has Covid-19 symptoms or if someone in your household has had a confirmed positive test.

This information states the **most common symptoms** to look out for in your children and is taken directly from the latest information published by the NHS.

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

**or**

- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

**or**

- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal **then further action is needed.**

If you are in any doubt about symptoms then ring 111 or your own GP.



## Please use the attached table to see what action to take

If your child has:

What to do if:	Action to be taken:	Your child can return to school when:
....my child has coronavirus symptoms	<p><b>Do NOT come to school</b>  <b>Contact the school daily</b>            Self-isolate            Get a test as soon as possible            Inform school of the outcome immediately</p>	....the test comes back negative.
....my child tests positive for coronavirus	<p><b>Do NOT come to school</b>  <b>Inform the school immediately about the result</b>            Self-isolate for at least 10 days            Keep in contact with the school daily.</p>	....when they feel better after their 10 day isolation. They can return to school even if they have a cough or loss of smell/ taste. <i>These symptoms can last for several weeks once the infection has gone.</i>
....somebody in my household has coronavirus symptoms	<p><b>Do NOT come to school</b>  <b>Contact the school daily</b>            Self-isolate            Household member to get tested as soon as possible  <b>Inform school of the outcome immediately</b></p>	....the household member tests negative.
....somebody in my household tests positive.	<p><b>Do NOT come to school</b>            Contact the school daily            Self-isolate for 14 days</p>	....the child has completed 14 days of self-isolation.
.... NHS test and trace have identified my child as a “close contact” of somebody with symptoms or confirmed coronavirus	<p><b>Do NOT come to school</b>            Contact the school daily            Self-isolate for 14 days</p>	....the child has completed 14 days of self-isolation
....my child has travelled and has to self-isolate as part of a period of quarantine	<p style="text-align: center;"><b>DO NOT take unauthorised leave during term time</b>  <b>Consider quarantine requirements and FCO advice when booking travel</b>  <b>Provide information to school as per the attendance policy</b>  <b>Returning from a destination where quarantine is needed:</b>            Do NOT come to school            Inform school of return date            Contact school daily            Self-isolate for 14 days from day of return</p>	...the quarantine period of 14 days self-isolation has been completed.
...we have received medical advice that my child should resume shielding. <i>(Shielding was paused on the 1st August, should cases rise on a local/ national level and a local lockdown be enforced, you will be contacted to alert you, that your child should resume shielding)</i>	<p><b>Do NOT come to school</b>  <b>Contact the school office</b>            Shield until you are informed that restrictions are lifted and shielding is paused again.</p>	....government guidance lifts restrictions and shielding is paused, your child can return to school