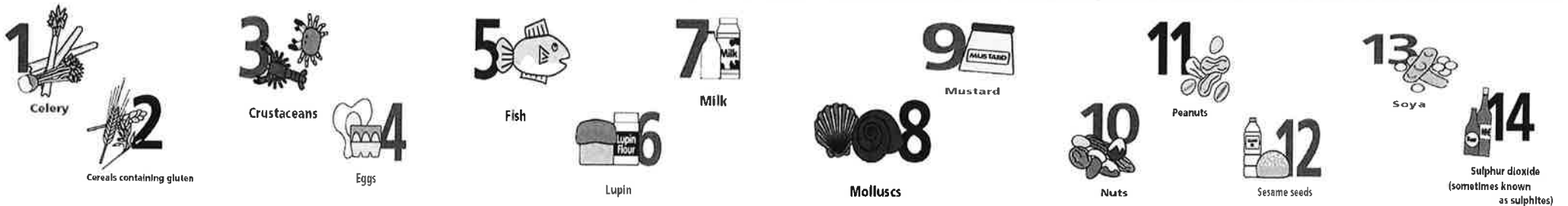


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Sausages in gravy (14) creamed potato (7) Seasonal Vegetables	Pasta Bolognese (2,7,14) Garlic bread (2,7) Seasonal Vegetables	Chicken tikka (7,9) with rice Seasonal Vegetables or Salad home made naan bread (2,7)	Roast Turkey, Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fishcakes (2,3,5,7,8,9) or fish fingers (5) Chips Peas or Beans
<b>For Allergens see numbers in brackets next to each dish and refer to the table below</b>					
<b>OPTION 2</b>	Vegetarian sausage in gravy (2,13,14) creamed potato (7) Seasonal Vegetables	Macaroni Cheese (1,2,7,9) Garlic Bread (2,7) Seasonal Vegetables	vegetable curry (1,2,7,9,) rice homemade naan bread(2,7)	Vegetable Tart (1,2,4,7) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	cheese and onion quiche (2,4,7,9) Chips Peas or Beans
<b>OPTION 3</b>	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Dessert of the day	filled rolls, wraps & bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Dessert of the day
<b>DESSERT CHOICE</b>	Sticky Toffee crumble(2,4,7) served with custard (4,7) Fruit platter,yoghurts (7) Fruit fools (7) or fruit jelly	Cookies and lemon shortcake (2,4,7)  Fruit platter Fruit fool (7) or fruit jelly	Chocolate Crunch(2,4,7) with custard (4,7) Fruit platter Fruit fool (7) or fruit jelly	Ice Cream and fruit (7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week...Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

**VEGETARIAN (V)**

**We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)  
Fresh water or milk to drink (7)**

**ALLERGENS**

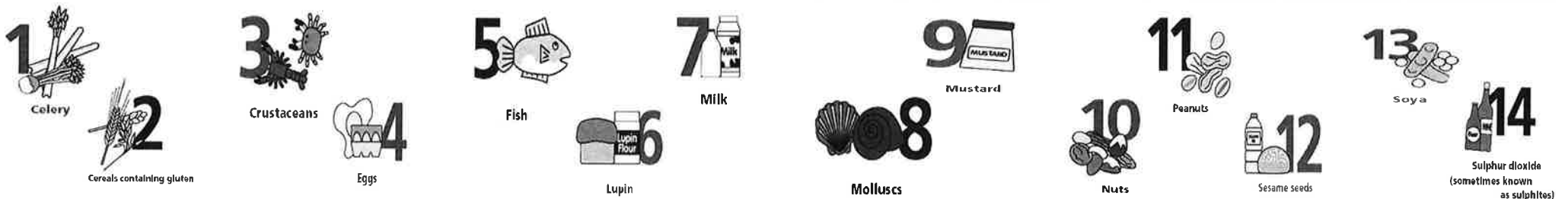


WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Beefburger or hot dog (2,4,7,14) Wedges Seasonal vegetables	Cottage Pie (9,14) Seasonal Vegetables Creamed potato (2)	Chicken Goujons (2,4,7) Potato Wedges Seasonal Vegetables	Roast chicken Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fish (2,5,7) or fish fingers (5) Chips Peas or Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
OPTION 2	Vegetarian hotdog ((2,7,13,14) Potato Wedges Seasonal Vegetables	Vegetable pie in puff pastry (1,2) Creamed potato (2) Seasonal Vegetables	Quorn Goujons (2,4,7,13,14) Potato Wedges Seasonal Vegetables	Quorn Chicken (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Cheese and Tomato Quiche (2,4,7,9) Chips Peas or Beans
OPTION 3	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Cold dessert of the day	Filled rolls, wraps & bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Cold dessert of the day
DESSERT CHOICE	Orange sponge (2,4,7) served with chocolate sauce (7) Fruit platter, yoghurts (7) Fruit fools (7) or fruit jelly	Carrot cake (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or fruit jelly	Apple Crumble (2,7,14) Fruit platter Fruit fool (7) or fruit jelly	Marble Sponge (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week... Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)  
Fresh water or milk to drink (7)

ALLERGENS





WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Lasagne and Garlic Bread (2,4,7) served with Seasonal Vegetables	Cheese Pizza (2,7) Potato Wedges Seasonal Vegetables	All Day Breakfast (14, 4,7) Served with homemade bread beans, tomatoes	Braised beef in gravy or roast turkey Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	MSC Fish (2,5,7) or fish fingers (5) Chips Peas or Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
OPTION 2	Vegetable lasagne (1,2,7,9) Garlic Bread (2,7) Seasonal Vegetables	Pasta Pomadora (2,7) Potato Wedges Seasonal Vegetables	vegetarian all day breakfast (2,4,13,14) Served with homemade bread beans, tomatoes	Veggie toads (2,4,7,13,14) Creamed or Roast Potatoes (7) and Seasonal Vegetables	Cheese and onion Quiche (2,4,7,9) Chips Peas or Beans
OPTION 3	Filled rolls,wrap,& bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls,wrap,& bagels (2,4,5,7,9) vegetable sticks and salad fruit, yoghurts (7) Cold dessert of the day	Filled rolls, wrap,& bagels (2,4,5,7,9) Vegetable sticks and salad Fruit Yoghurt (7) Cold dessert of the day	Filled rolls, wrap,& bagels (2,4,5,7,9) Vegetable sticks and salad Fruit yoghurt (7) Cold dessert of the day	Filled rolls, wrap,& bagels (2,4,5,7,9) Vegetable Sticks and salad Fruit Yoghurt (7) Cold dessert of the day
DESSERT CHOICE	Chocolate Sponge (2,4) served with custard (7) Fruit platter,yoghurts (7) Fruit fools (7) or fruit jelly	Mandarins, ice cream, granola (2,7,14) Yoghurt (7) Fruit platter Fruit fool (7) or fruit jelly	Chocolate Brownie (2,4,7)  Fruit platter Fruit fool (7) or fruit jelly	Marble sponge with custard (2,4,7) Yoghurt (7) Fruit platter Fruit fool (7) or Jelly	Cakes of the week...Pupils choice (2,4,7) Fruit platter Fruit Fools (7) Fruit Jelly

VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)  
Fresh water or milk to drink (7)

ALLERGENS

